

# Triplet Rolls

Snare Drum

RLR LRL

6

11

16

21

RLR LRL

26

RLR LRL RRL LRR

31

RLR LRL RRR LLL RLR LRL

36

RRL LRR RLR LRL

41

RLR LRL

## **Triplet Rolls**

Triplet Rolls is a combination of the Santa Clara Vanguard and the Blue Devils' versions of triplet roll exercises. The beginning contains the isolation of each partial of the triplet beat. As a tag, there is an accent pattern which zeros in on consistency between accents. Stays relaxed through out all variations on the triplet rolls and keep your hands heavy and full of blood. The warm down will provide a good stretch for the muscles in your arms and hands.